

Prevention Coalition Meeting

6/10/2020

Welcome/Introductions

Kimberlee, Bart, Patti, Richard, Tanner, Don, John, Toña, My'kee, Emily

MHPP:

1. Suicide Prevention Alliance
 - a. Kimberlee participated in a Statewide Suicide Prevention Alliance subcommittee meeting about the response to the murder of George Floyd and about how they could do a better job in the community around equity and diversity. She is talking with community members to bring Spanish-speaking members into the Alliance. She would like to create a taskforce to recruit members from diverse backgrounds because the people on the Alliance are white. There was strong support and one member would like a paid position for a Spanish-speaking staff but there will need to be budgeting discussions with OHA.
 - b. Kimberlee said that BestCare is seeing an increase in mental health crisis calls from people that are already diagnosed with mental illness, particularly psychosis and mania. They are offering resources as normal and the Prevention team will be providing community education via social media on how to help a person who is experiencing symptoms.
2. Suicide and Older Adults
 - a. Kimberlee said there is an increased concern about older adults and suicide. There are warning signs in 4 Ds: depression (clinical), debility, disconnectedness, deadly means (owning firearms). This is especially true with COVID-19. They have the friendship line number on the BestCare Prevention resources page.
 - b. Richard brought up the Community Center being closed is concerning as that is the main way a lot of seniors interact with other people.
 - c. Tanner noticed more people out now that we are in Phase 2 and that Louise Muir will be working on getting things going again at the Community Center. There has not been an uptick in dispatch calls regarding domestic violence or suicide.
3. MHPP Christmas in June
 - a. MHPP asked Kimberlee to put something together to spend some reserve funds, as the State has been pleased with our work. Kimberlee thought of threat assessment team with youth in schools because the youth discussed in team meetings had experienced trauma and lacked resources to keep them hopeful and connected. Prevention included in its plan money to purchase kites as an activity engage youth and maintain physical distancing. One school resource officer asked for funding for ice cream. They set aside money for 100 youth to be able to get ice cream. She also asked for transportation funds to work with another agency to be able to transport them to an activity.

ADPEP/HPCDP:

- a. My'kee shared there have been a lot of meetings with Central Oregon Coordinators about Mind your Mind Campaign. There will be a Spanish speaking campaign along with it. They may be getting funding from St. Charles Community Benefits for prevention activities.
- b. There have been CADCA trainings around youth and self-care for youth. The other was about how to use Tiktok and other social media to promote health messaging.
- c. There have been a few meetings about problem gambling and connecting with people for messaging.
- d. Coates Kokes is working with BestCare to do branding and campaign for alcohol misuse among adults.
- e. To follow up on the no smoking/drinking parks/trails signage question from last meeting, My'kee said the city is ready to put them up, so they will go pick the signs up from Rip-Q and arrange for the other cities to pick theirs up to install. John said that the cities are supposed to pick up the signs and posts and store them as Rip-Q and BestCare could not do this.
- f. My'kee has been working on streaming videos so they can start doing this with youth to engage youth.

Old Business:

2. Disposables Ordinance – Pre-empted by COVID-19
 - a. Busybee is now selling disposable vapes. They were asked to by their distributor and it's an example of how the industry has power.

Problem Gambling

1. Reflect, Resource, Renew PG Prevention Awareness: Video Gaming and Problem Gambling – Pre-empted by COVID-19
 - a. A campaign scheduled in theaters was canceled due to COVID-19. My'kee wants to share info on how to talk with youth about video gaming addiction, which can lead to gambling addiction and is a real problem for people of all ages. The group discussed video game addiction being a serious issue that people do not always recognize.